

GENDER AFFIRMING VOICEWORK TRAINING AND CERTIFICATION

SCHEDULE: Part I

Week 1: 1/22/2023

3:30pm - 4:30pm - Introductions / Unpacking personal experiences with cisnormativity

4:30pm - 5:30pm - Introduce theoretical underpinnings of gender affirming voicework

Week 2: 1/29/2023

3:30pm - 4:30pm - Develop awareness of bioessentialism and how we might unsettle/shift it in considering vocal embodiment

4:30pm - 5:30pm - Introduce transactional vs. transformational therapeutic spaces

Week 3: 2/5/2023

3:30pm - 3:45pm - Discuss the vocal rhizome and the different methods we use within gav

3:40pm - 4:25pm - Effort & Power (Experientials to develop awareness of Breath, False Vocal Folds, Head, Neck, Torso & Jaw positioning)

4:25pm - 5:30pm - Pitch & Inflection (CoreTone & True Vocal Folds; Experientials focused on pitch / finding CoreTone)

Week 4: 2/12/2023

3:30pm - 5:00pm - Resonance (Experientials to develop awareness of Larynx positioning, Aryepiglottic Sphinctor, Velum, Thyroid & Cricoid Cartilage)

5:00pm - 5:30pm - Articulation (Experientials to develop awareness of Tongue & Vowels/Formants, Lip and Jaw positioning)

Week 5: 2/19/2023

3:30pm - 3:50pm - Checking in & reviewing past two weeks of material

3:50pm - 5:30pm - Trainees bringing in experientials to synthesize physical components of vocal function & apply to clinical contexts

Week 6: 2/26/2023

3:30pm - 3:50pm - Transactional vs Transformational Skills: Attending to internalized beliefs - introducing processing and music holding skills

3:50pm - 4:10pm - Breathwork applications - w/ experientials

4:10pm - 5:10pm - Diane Austin influences (vocal holding techniques), Lisa Sokolov influences (body-focused work), and Julie Lipson influences (trans vocal expression) - w/ experientials

5:10pm - 5:30pm - Debrief discussion

Week 7: 3/5/2023

3:30pm - 4:00pm - Introducing gav within clinical contexts (how to situate scope of practice, dual-relationships philosophy & contraindications)

4:00pm - 5:10pm - Work through assessment session framework, re-emphasizing resource-oriented approach & transformative paradigm, continuing conversation about scope of practice, contraindications, and person-of-the-therapist ethical imperatives

5:10pm - 5:30pm - Q/A about the assessment

Week 8: 3/12/2023

3:30pm - 4:30pm - Wrapping up - what are folks uncertain about - inviting collaborative additions/critiques/resources

4:30pm - 5:00pm - Discuss triad group-work during next section of training

5:00 - 5:30pm - Review self-evaluation document - illuminate scope of practice embedded in self-evaluation